

Workshop-Contribution to Global Mentorship 2019 by Antje Schött-Bachtari

Title:

Moving with character! – Empowering humanity!

Goal :

The goal is, to share an idea, how far the 5 strategies of the VP™ and virtues unfolding are an application framework to evolve the ability of ‚servant leadership‘, to assume the responsibility for the humanizing of our relations and systems. For that reason, I would like to point out, how the VP™ moves us to develop ‚humanity‘ with all its corresponding virtues as a necessary future skill. More topical than ever, „servant leadership“ means encouraging and promoting HUMANS. ‚Servant leadership‘ is a WE-competence! Beside the property of stewarding ourselves, it will be more essential in future, to recognize the creative strength of the other one and supporting them to develop their potential. It is also my intention to describe, how increasing humanity enables us to face consciously the process of transformation to an interdependently maturity level in character and society. Because the condition of being human is: „There is a sense of common humanity that unites people of all nations.“

Short Summary:

Introduction to the issues of my performance:

Why we need „humanity“ especially for creating our future!

Status quo of our society at the moment:

- Globalization, digitization, automatisisation and artificial intelligence are the great 4 economic forces which influence all aspects of our lives now and in future and the human being itself. The complexity of our everyday-life in today's society challenges new behaviours and options for action
- New procedures in communication and for succeeding relations, - that means generally in leadership -, are required.
- But in any situation, leadership demands in empowering our own unique human potential on all levels of our heart and spirit, for being able to create basic conditions in all aspects of life for others, where a climate of growth, capabilities and synergy come to be.

How I define the theme of our congress „Moving with character“!

The vision of the VP™ is our inspirational source. The strategies and the virtues help us to develop our specific human qualities and with that our character, - our personality which we reveal in the way how we are acting. As a consequence of this, we can turn into an inspirational source for others, who are willing to enhance according to their capabilities.

For me, the higher meaning or the essence of the VP™ vision, consists in imparting the knowledge of leadership to us, - self-leading (SELF / I), facilitating others (YOU), servant leadership (WE).

(Shown On Flipchart: short statement about the changing vigors of the 5 strategies for ourself and the role model function by strength of character and well acting also for others.)

The two meanings of ‚Humanity‘ and why we should empowering humanity?

The first meaning of humanity is: HUMANESS – the quality of being human.

Humanity is the key component developing Servant Leadership and Servant Leadership is the key competence for transformation and efficiency in all our contexts. Bringing ourselves into the service of others in order to encourage and promote them in their personhood, we need

characteristics that help us to link together on the level of our soles to comprehend each other deeply.

Participant activity

- Virtues-pick: The meaning of „humanity“
A short reflexion together with the participants

The emergence of advanced „humanity“ and all its integrated virtues leads us to another degree of ripeness.

The maturity continuum of a person

Dependence (YOU) / Independence (SELF / I) Interdependence (WE)

I will shortly point out the transformation process to an interdependently character with the help of the VP™.

How Servant Leadership empowers humanity?

The second meaning of ‚humanity‘ is HUMANKIND.

At this place I will illustrate our prevealing leadership style and its consequent virtues. On the other hand I'll reveal the virtues arising from a servant leadership style. Servant Leadership unfolds character by the other one and coincidentally by ourselves (Leading and learning = learning and leading! We are always wearing two hats) and support us to feature a new climate to build relations of equal dignity and a climate of Co-laboration.

The synergy of Co-laboration ist not only 1 plus 1 equals 2, it's much more. And the synergy of YOU and I is also more than 2, it is creating a WE!

Creating a WE-atmosphere in all aspects of our life leads us to a transformation process in maturity in leadership

Dependence / Independence / Interdependence

It is my intention to point out, how the 5 strategies of the VP™ are influencing the process of becoming. Interdependence proceeds from holistic thinking – the believing in unity. „And unity helps us to value what each part brings to the whole. Unity is the gift of community!“ (Linda Kavelin Popov, Pace of Grace) and humanity empowers humankind to unity in diversity

Participant activities

Activity: Reflection/ single person working

In which aspect of my life can I be a Servant Leader?

How and in what way can I contribute to a climate of an interdependently ‚WE‘ in my systems?

Activity in a small group of 2 – 4 persons.

Share your ideas with others. Summarize the result of your collectively thoughts in one sentence and write it down.

Back into the large group: the results of the small group will be clustered on a pin wall.

Consolidation

Servant Leadership facilitates us to release our immeasurable creatively potential of our specific human quality – our spiritual dimension.

Our creator spirit allows us not only to create future actions. We are creatures with an inner treasure that enables us also to self-creating, - to a valuable member of humanity.

Ending: handover of a symbol to each participant which keep us reminding of the capabilities of growth when we interact with humans.

To my person:

I have worked more than 30 years, mostly independently in positions of leadership in the international hotel and convention business with people of different professions and cultures. This makes it clear, that I focus on interpersonal dealings and how we can change the paradigm of ‚exerting power over people‘ to the paradigm of ‚practising power with people‘ by changing and humanizing our styles of speech, behaviour and acting. I am certified as a Coach and Trainer, skilled as a Mediator, based on Marshall Rosenbergs „nonviolent communication“ and well-trained as a Facilitator of the VP™ since 2013. I work as a self-employed contractor with an advisory firm called „Investition Mensch“, supporting people to strengthen and develop their personhood, methodical mainly based on the vision of the VP™. Since 2013 I am also an active member of the association „Virtues Project Germany e.V – Institute for the development of Self, You and We competences“.

My experience in giving workshops

- 5 Strategies™ – 5 Workshops to delve into the subject of each strategy of the VP™
- Nonviolent communication meets the VP™ - workshop to master the capabilities of empathy
- I have worked out the concepts and given workshops as a facilitator: Introduction Course VP™, Pace of Grace Workshop and a deepening course in „Strategy 5 – Offer spiritual companionship™“
- Facilitating together with my sister and a friend a virtues peer group called „OTTO“ until the middle of 2017 (once a month)
- Workshop „Strong character – strong children“, the VP™ in the kindergarden. Conference of experts for day care centers.
- „The inner core of humans“ – Lecture and workshop for introducing the VP™ - One World House in Solingen
- Workshop: „Doing well by doing good“ – Business Fair „women@work“
- Various Workshops in introducing to the approach of nonviolent living, developed by Marshall Rosenberg
- Since 2010: freelancing Coach with focus on business themes. Founder of a mentor circle for Coaches in Minden (2010 -2013) with the purpose of deepening and exercising various coaching tools.